## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

200

Stock

Options

Options

Vest @

shares/year Employee Stock

Options

Vest @

shares/year

400

400

Vest # 300

shares/year Employee Stock

shares/year Employee

\$

12.8125

\$ 16

\$ 27.87

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

	tinue. See on 1(b).	Filed pur	suant to Section	,		the Se estmen				_			4 or S	ection	30(h) of	the				
1. Name and A PEAY D A	Address of Re	eporting Person*				Name aı BANK									lationship		g Person(s) t			
(Last) (First) (Middle) POBOX 446			3. Date of Earliest Transaction (Month/Day/Year) 07/21/2005									X_Officer (give title below) Other (specify below)  Executive Vice President & CFO								
(Street) BOWLING GREEN, VA 22427												_X_ Fo	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person							
(City)	J GKLLIV,	(State)	(Zip)				Ta	ble l	I - Non-	Deriva	ntive	Securiti	ies Acc	quired, l	Disposed (	of, or Benef	icially Own	ed		
1.Title of Section (Instr. 3)	(Instr. 3) Date		2. Transaction Date (Month/Day/Year)			Date, if	(Instr. 8)			4. Securities Acquir or Disposed of (D) (Instr. 3, 4 and 5)			Owr Tran	ned Follow saction(s)			6. Owners Form:	hip of Be	Nature Indirect eneficial	
				(Month/Day/Year)		· V			Amo	unt	(A) or (D)	Price		er. 3 and 4					Ownership Instr. 4)	
Common S	tock, \$2 Pa	ar Value	07/21/2005					P		2			3  1.426  1)	52 3,1	77			D		
			Table II						in tl a cu uired, E	his for urrent Dispose	rm a ly va ed of	are not i alid OM	requir IB cor eficial	ed to re itrol nu	espond ι mber.		on contain form displ		EC 14	74 (9-02)
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security		3. Transaction Date (Month/Day/Year	4. Transaction Code (Instr. 8)				tive ies ed ed	6. Date Expirati	s, convertible secur Exercisable and ion Date /Day/Year)		7. 7 of 1 Sec	Fitle and Underlyi curities str. 3 and	J	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owr Forr Deri Secu Dire or Ir	n of	11. Natur of Indirec Beneficia Ownershi (Instr. 4)		
				C	ode	V (A	.) (		Date Exercisa	able	Exp	oiration e	Tit	le	Amount or Number of Shares					
Employee Stock Options Vest @	\$ 20.125								01/22/	1999	01/	/22/200	Sto	ommon ock, \$2 Par	2,000		2,000		D	

Value

Common

Stock, \$2

Par

Value

Common

Stock, \$2

Par

Value

Common

Stock, \$2

Par

Value

1,500

2,000

2,000

3,500

5,500

7,500

D

D

D

01/25/2002 01/25/2011

01/02/2003 01/02/2012

01/23/2004 01/23/2013

Employee Stock Options Vest @ 500	\$ 33.98				01/29/2005	01/29/2014	Common Stock, \$2 Par Value		1,000	D	
shares/year											

#### **Reporting Owners**

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
PEAY D ANTHONY									
P O BOX 446 BOWLING GREEN, VA 22427			Executive Vice President & CFO						

### **Signatures**

D. Anthony Peay	07/29/2005
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Voluntary purchase by Administrator of the DRIP/SPP.

 $Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, {\it see} \ Instruction 6 for procedure. \\$ 

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.