FORM 4	4
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#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)									
1. Name and Address of Reporting Person <sup>*</sup> Bentley Elizabeth M.	2. Issuer Name and UNION FIRST [ [ubsh]					ORP			w)
(Last) (First) (Middle) 211 NORTH MAIN STREET	) 3. Date of Earliest T 04/28/2010	ransaction (N	Month	n/Day/Yea	r)				
(Street) BOWLING GREEN, VA 22427	4. If Amendment, D	ate Original 1	Filed(	Month/Day/	Year)		6. Individual or Joint/Group Filing(Check _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		le)
(City) (State) (Zip)		Table I - No	on-De	erivative S	Securitie	s Acqu	ired, Disposed of, or Beneficially Own	ed	
1. Title of Security 2. Transa   (Instr. 3) Date   (Month/I	Execution Date, if Day/Year) any	(Instr. 8)		4. Securit (A) or Di (Instr. 3,	sposed of		Transaction(s)		Beneficial
	(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		of E				nd 7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of 9. Number o Derivative Derivative Security (Instr. 5) Beneficially Owned Following Reported Transaction( (Instr. 4)		Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Incentive Stock Option (right to buy)	\$ 10.67							01/02/2003	01/02/2012	Common Stock	750		750	D	
Employee Incentive Stock Option (right to buy)	\$ 18.58							01/23/2004	01/23/2013	Common Stock	1,125		1,875	D	
Employee Incentive Stock Option (right to buy)	\$ 22.65							01/29/2005	01/29/2014	Common Stock	1,125		3,000	D	
Employee Incentive Stock Option (right to buy)	\$ 23.50							12/30/2005		Common Stock	825		3,825	D	

Employee Incentive Stock Option (right to buy)	\$ 31.57				02/23/2007	02/23/2016	Common Stock	750		4,575	D	
Employee Non- qualified Incentive Stock Option (right to buy)	\$ 16.45	04/28/2010 <sup>(1)</sup>	А	5,099	04/28/2011	04/28/2020	Common Stock	5,099	\$ 16.45	9,674	D	

### **Reporting Owners**

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Bentley Elizabeth M. 211 NORTH MAIN STREET BOWLING GREEN, VA 22427			EVP						

## Signatures

/s/ Elizabeth M. Bentley	05/27/2010
Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Award approved 4/28/2010; agreement delivered to reporting person on 5/27/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.