FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																		
Name and Address of Reporting Person* Ukrop's Thrift Holdings, Inc.				UN	2. Issuer Name and Ticker or Trading Symbol UNION FIRST MARKET BANKSHARES CORP [UBSH]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title below) Other (specify below)				w)		
(Last) (First) (Middle) 111 VIRGINIA STREET, SUITE 200						3. Date of Earliest Transaction (Month/Day/Year) 07/23/2010														
RICHMO	OND, VA	(Street) 23219			4. If	Amendn	nent	, Date	Origi	nal I	Filed(Mont	h/Day	/Year)		Form file	ual or Joint/O ed by One Repo ed by More than	rting Person		licable l	Line)
(City	•	(State)		(Zip)			Т	able I	- Nor	ı-De	erivative	Secu	ırities A	Acqui	red, Disp	osed of, or I	Beneficially	Owned		
(Instr. 3) Date (Month/Day/Year)		Execu any	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 8)			4. Securities Acquire (A) or Disposed of (I (Instr. 3, 4 and 5)			Benefici Reported	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Ownership Form: Direct (D)		Beneficial Ownership				
								Coo	de	v	Amoui	nt	(A) or (D)	Price	ice			or Indir (I) (Instr. 4	`	nstr. 4)
Common	Stock		07/23	3/2010				<u>J(1</u>	Ĵ		3,073,8	396	D	\$ 0	0			D		
				Table II -					quire	cor the	ntained i form dis	n th spla of, o	is form lys a co or Bene	n are currer	not requ ntly valid	ction of inf lired to res OMB conf	spond unle	ess	EC 14	74 (9-02)
Security	2. Conversion or Exercise Price of Derivative Security	3. Transact Date (Month/Da	y/Year)	3A. Deemed Execution Da	ate, if	4. Transac Code	tion	5.	eative rities ired rosed) . 3,	6. I and (M	ss, conver	rcisal on D /Yea	ble Oate ur)	7. Tir Amo Unde Secu	the and unt of erlying rities r. 3 and		9. Number Derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Owr Forr Deri Secu Dire or Ir	of of vative rity: et (D) direct	11. Natur of Indire Beneficia Ownersh (Instr. 4)
						Code	V	(A)	(D)	Da ^o Exc		Exp	oiration e	Title	Number of Shares					

Reporting Owners

D (O N)	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Ukrop's Thrift Holdings, Inc. 111 VIRGINIA STREET SUITE 200 RICHMOND, VA 23219		X					
Ukrop's Super Markets, Inc. 111 VIRGINIA STREET SUITE 200 RICHMOND, VA 23219		X					

Signatures

/s/ David N. Oakey, power of attorney	07/27/2010

Signature of Reporting Person	Date
/s/ David N. Oakey, power of attorney "Signature of Reporting Person	07/27/2010 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Ukrop's Thrift Holdings, Inc., a wholly owned subsidiary of Ukrop's Super Markets, Inc. ("Ukrop's"), distributed the shares of common stock to Ukrop's and Ukrop's distributed the shares to its shareholders on a pro forma basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.